



# SMUGGLERS' NOTCH HIKING TRAILS

## MORSE MOUNTAIN

### 1 MORSE HIGHLANDS "WIKE" -----

Elevation 1750' • Vertical Rise 650'  
 1.5 miles • 1-2 hours

Explore the Morse Highland's trails just above Smugglers' Village. Great mid-mountain views of the valley below and the mountains around can be enjoyed on this short, but steep, scenic "wike".

### 2 RUM RUNNER'S HIDEAWAY & MORSE MTN. "WIKE" .....

Elevation 2250' • Vertical Rise 1150'  
 3.25 miles • 2.5 hours

Escape to Rum Runner's Hideaway which rests beneath our majestic mountains. Enjoy the surrounding hillsides and valley below. Outstanding view of Mt. Mansfield. Suitable for the family. Extend your view of the Lamoille Valley by continuing to the Village Lift summit on Morse Mountain.

## MADONNA MOUNTAIN

### 3 NORTHWEST PASSAGE HIKE - - - - -

Elevation 2800' • Vertical Rise 1175'  
 2.5 miles • 2.5 hours

Enjoy the open mountainside views from the Madonna II Lift summit. Then journey off the beaten path down through the hardwood forest and wildlife area. Challenging rises and intermittent plateaus await you.

### 4 MADONNA MOUNTAIN SUMMIT HIKE \_\_\_\_\_

Elevation 3640' • Vertical Rise 2015'  
 4 miles; 4 hours

Climb the Resort's highest peak and admire the spectacular scenery beyond and below you. View Canada to the north and New Hampshire's White Mountains to the east. This is truly a photo opportunity.

## STERLING MOUNTAIN

### 5 STERLING MOUNTAIN HIKE \_\_\_\_\_

Elevation 3010' • Vertical Rise 1385'  
 2.7 miles; 3 hours

Wildflowers complement the trail along with views of New York and Canada. Sterling Pond rests atop this summit and is nestled among the evergreen trees. It is the highest trout pond in the state. Fishing is permitted with a valid Vermont license (ages 15 & older).

### 6 ELEPHANT HEAD LOOP -----

Departs from Sterling Mountain — see map inset  
 Elevation 3220' • Vertical Rise 210'  
 1.4 miles; 1.5 hours

Explore the wilderness area surrounding Sterling Pond via this very rocky and rough wooded trail. Admire the serene beauty as you skirt the shoreline of Sterling Pond. Add 45 minutes if taking the spur to Elephant's Head.

### 7 SPRUCE PEAK SPUR - - - - -

Departs from Sterling Mountain — see map inset  
 Elevation 3320' • Vertical Rise 310'  
 1.5 miles; 1.5 hours

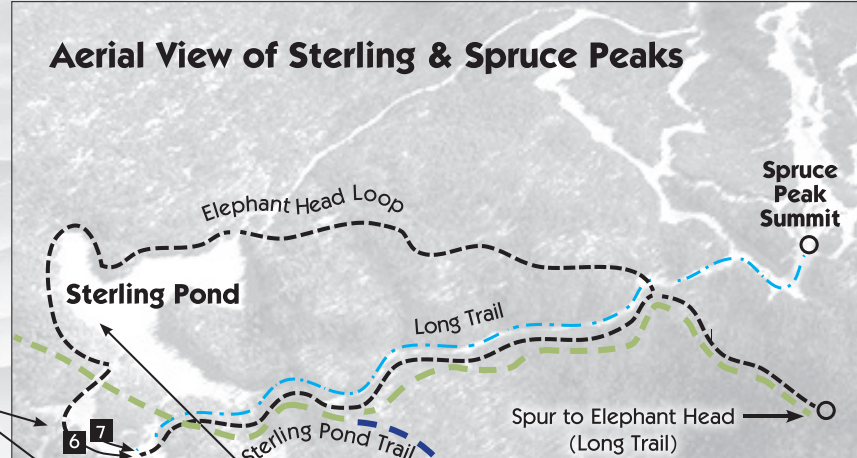
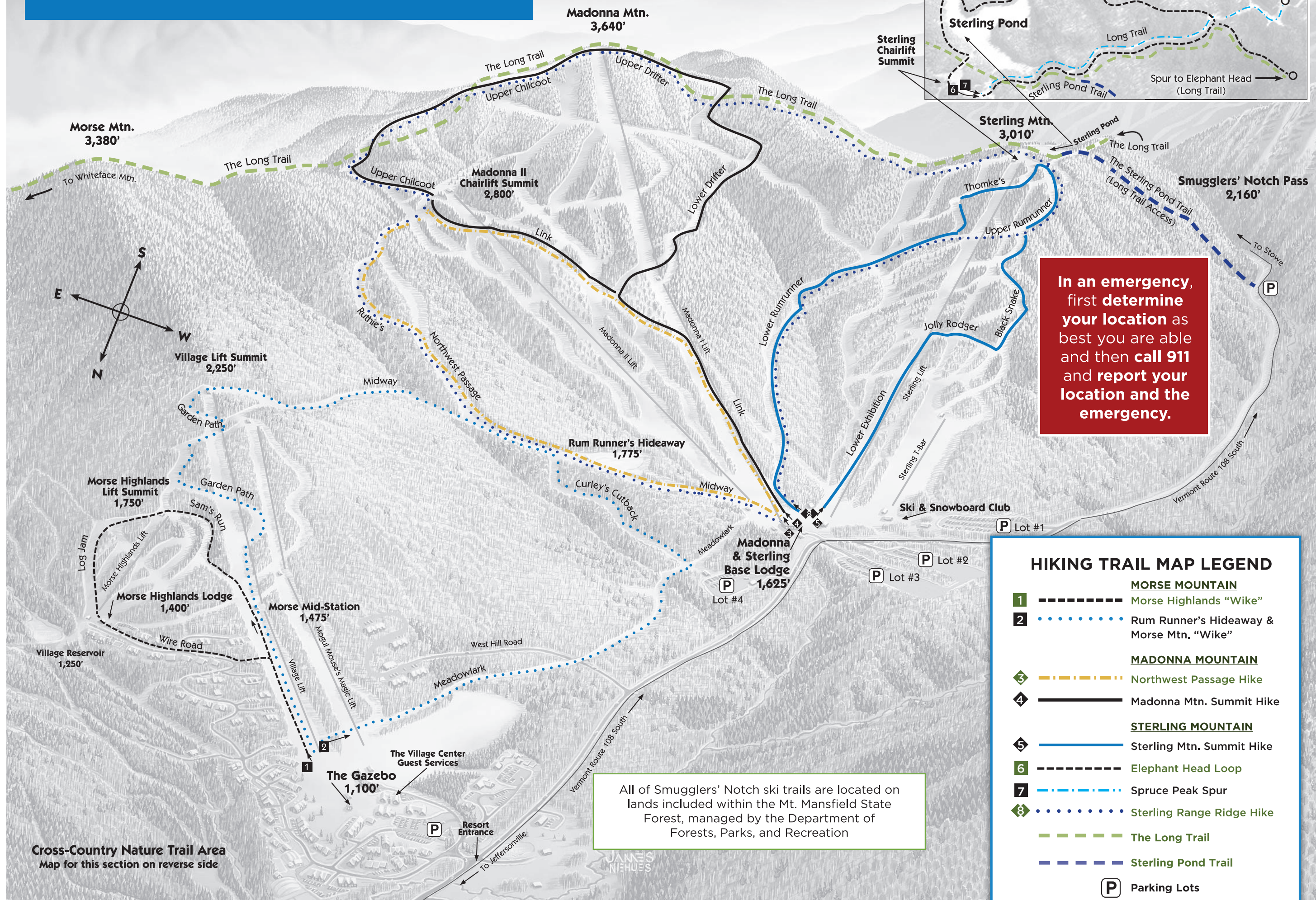
Magnificent views of the valley below and the summit of Mt. Mansfield are obtained from this trail. Once atop Spruce Peak, Mt. Mansfield (Vermont's highest peak) lies in front of you and the Stowe valley stretches for miles. The profile of Madonna Mtn. can be seen to the northeast.

## STERLING & MADONNA MOUNTAIN SUMMITS

### 6 STERLING RANGE RIDGE HIKE .....

Elevation 3640' • Vertical Rise 2015'  
 4.5 miles; 4.5 hours

Travel this isolated, wooded, and rugged ridgeline trail to the Madonna Mtn. summit, the Resort's highest peak, to capture some unique views of Sterling Pond and its surroundings. Discover the many ups and downs on this challenging trail.



**In an emergency, first determine your location as best you are able and then call 911 and report your location and the emergency.**

HIKING TRAIL MAP LEGEND	
<b>MORSE MOUNTAIN</b>	
1	Morse Highlands "Wike"
2	Rum Runner's Hideaway & Morse Mtn. "Wike"
<b>MADONNA MOUNTAIN</b>	
3	Northwest Passage Hike
4	Madonna Mtn. Summit Hike
<b>STERLING MOUNTAIN</b>	
5	Sterling Mtn. Summit Hike
6	Elephant Head Loop
7	Spruce Peak Spur
8	Sterling Range Ridge Hike
The Long Trail	
Sterling Pond Trail	
P	Parking Lots

All of Smugglers' Notch ski trails are located on lands included within the Mt. Mansfield State Forest, managed by the Department of Forests, Parks, and Recreation

Cross-Country Nature Trail Area  
 Map for this section on reverse side

## THE LONG TRAIL

The Long Trail is a primitive footpath extending 270 miles along the crest of the Green Mountains from the Vermont/Massachusetts border to Canada. Built by the Green Mountain Club (GMC) between 1910 - 1930, The Long Trail is the oldest long-distance

hiking trail in the country. It is primarily maintained on a volunteer basis by the GMC. The Long Trail traverses the Resort's three mountain peaks (Sterling, Madonna, Morse) and can be accessed from the summits of Sterling and Madonna or in The Smugglers' Notch

Pass located on Vermont Route 108 South. (The trail access in The Notch is located across from the parking area.) The trail is marked with two-by-six inch white blazes found on trees and sometimes on rocks.



America's Family Resort™

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 4323 Vermont Route 108 South  
 Smugglers' Notch, VT 05464-9537

# SMUGGLERS' NOTCH TRAIL NETWORK

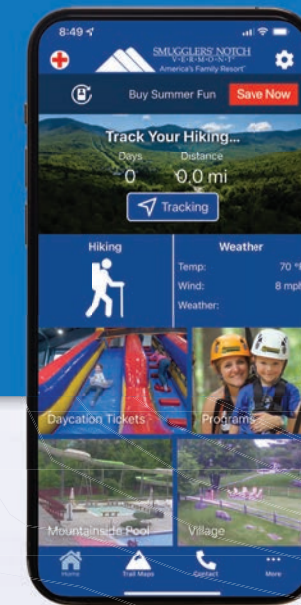
walking • hiking • biking • disc golf

In an emergency, first determine your location as best you are able and then call 911 and report your location and the emergency.

## HELP US HELP THE TRAIL NETWORK!

We strive to continually improve our trail system for your hiking, biking, disc golfing, snowshoeing and nordic skiing pleasure. Please take a moment to scan the QR code on the right to sign-in. Thanks in advance!

**Don't know how to scan a QR code?** No worries! Simply point the camera of your smartphone at the QR code to be scanned and you're done. Easy Peasy.

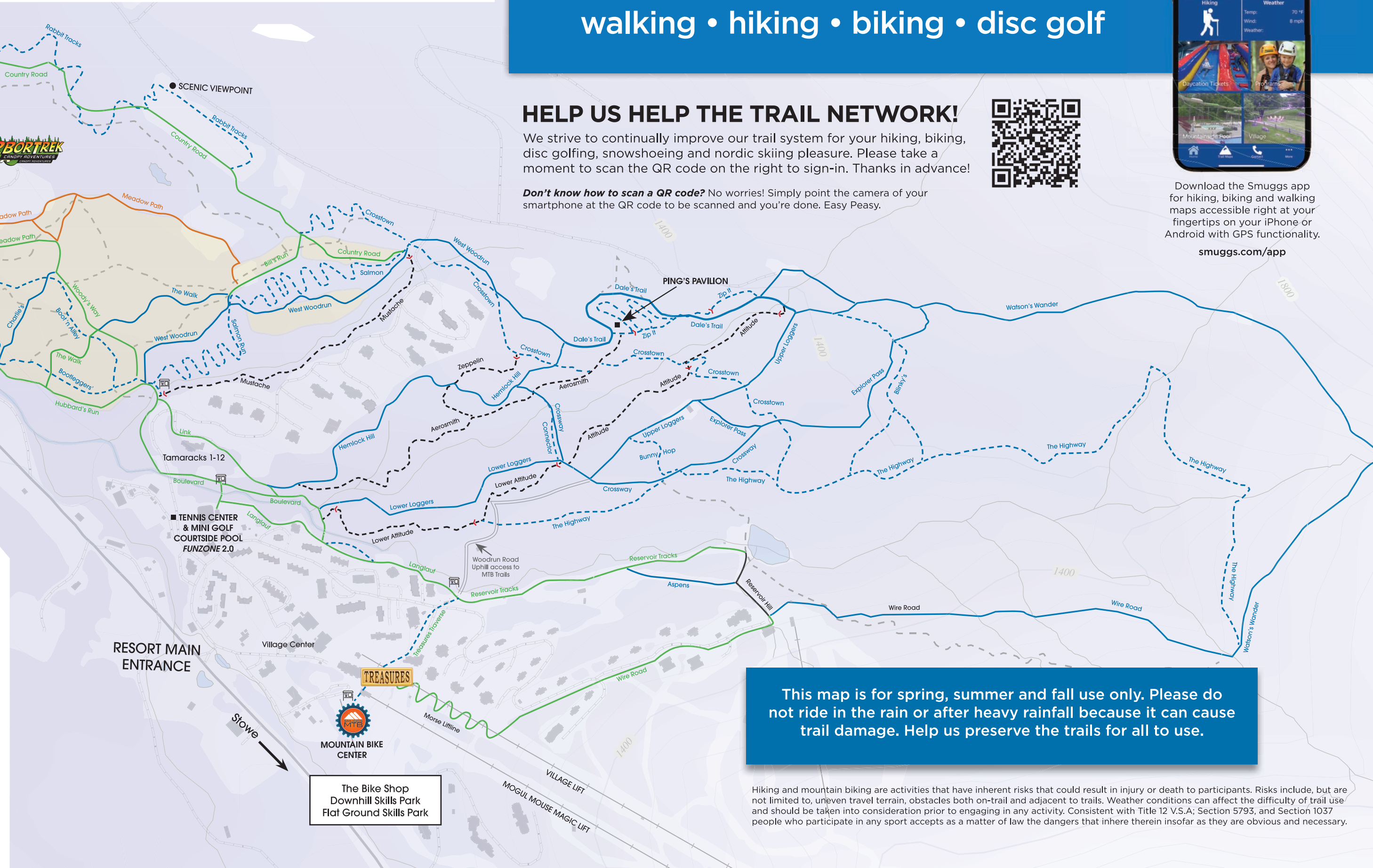


Download the Smuggs app for hiking, biking and walking maps accessible right at your fingertips on your iPhone or Android with GPS functionality.

[smuggs.com/app](http://smuggs.com/app)

## KEY

- EASIEST** walking only
- EASIEST** double track biking/walking
- MORE DIFFICULT** double track biking/walking
- MOST DIFFICULT** double track biking/walking
- EASIEST** single track biking/hiking
- MORE DIFFICULT** single track biking/hiking
- MOST DIFFICULT** single track biking/hiking
- WINTER USE TRAIL**
- PREFERRED** flow of traffic
- TRAIL NETWORK INFO BOARD**
- DISC GOLF COURSE**



This map is for spring, summer and fall use only. Please do not ride in the rain or after heavy rainfall because it can cause trail damage. Help us preserve the trails for all to use.

Hiking and mountain biking are activities that have inherent risks that could result in injury or death to participants. Risks include, but are not limited to, uneven travel terrain, obstacles both on-trail and adjacent to trails. Weather conditions can affect the difficulty of trail use and should be taken into consideration prior to engaging in any activity. Consistent with Title 12 V.S.A., Section 5793, and Section 1037 people who participate in any sport accepts as a matter of law the dangers that inhere therein insofar as they are obvious and necessary.

## GENERAL WALKING, HIKING & BIKING INFORMATION

**Smugglers' Notch Resort ENVIRONMENTAL POLICY**  
Smugglers' policy of environmental stewardship pervades all our activities. We seek to raise the environmental awareness of guests and employees and to broaden their knowledge and appreciation through educational programs along with our active and passive use of the land for year round recreation. Smugglers' Notch Resort Management and Employees are committed to being responsible stewards of Vermont's natural resources. Vermont's intrinsic beauty and healthfulness are integral to our business. We live here, and working to maintain it comes naturally.

- GEAR LIST**
- Hiking Boots • Back Pack • Water (1-2 qts.) • Food
  - Layered Clothing • Rain/Wind Jacket • First Aid Kit
  - Bug Repellent • Sunscreen

**ATTENTION — Bear Habitat**

- The survival of the Black Bear depends on their use of remote areas free from human intrusion.
- Please do not use MEADOWLARK TRAIL on Morse Mtn. from May 1st - June 15th and from Labor Day - November 1st.
- Use of Meadowlark Trail is discouraged on all Fridays and Sundays as this area crosses a wildlife travel corridor.

- SAFETY**
- Never go out alone. Leave your hiking/biking plans with a friend.
  - Familiarize yourself with the route. Stay on the designated trails.
  - Always check a local weather forecast before departing.
  - Trails may be closed due to wet conditions.
  - Use open trails only. Stay in control.
  - Be aware of trail crossings in multi-use areas. Yield to other users.
  - Only drink water which you have brought with you.
  - Please keep off the chairlifts.

- WILDLIFE VIEWING**
- Wildlife is most active in the early morning or early evening.
  - Wildlife scares easily around loud noises.
  - Stand behind the trees to observe.
  - Stop, look, and listen often. Be patient while animals enter and leave an area.
  - Keep your distance. Feeding or chasing wildlife is unsafe for you and the animals.

### RESPONSIBILITY CODE "LEAVE NO TRACE"

You can help preserve Vermont's "footpath in the wilderness" as you enjoy it by leaving no trace of your visit. While you hike, please follow a few guidelines to ensure the trail and the backcountry experience will be there for others to enjoy. Please leave no trace of your passing.

- Stay on the trails ...** respect private and state forest land.
- Pack it in, pack it out ...** keep the environment clean.

- Take only pictures ...** leave only footprints.
- Enjoy the wildflowers ...** please do not pick them. Many are protected by state law.
- Leave pets at home ...** they are likely to encounter their own trail problems.
- Fires are not permitted ...** on state lands at higher elevations.

*Courtesy of the Green Mountain Club*



America's Family Resort<sup>SM</sup>

**MOUNTAIN BIKE CENTER**  
802.644.8523 • [smuggs.com/mtb](http://smuggs.com/mtb)

**DISC GOLF & OUTDOOR CENTER**  
802.644.2477 • [smuggsdiscgolf.com](http://smuggsdiscgolf.com)